Study an Herb a Month

January: Pine and Garlic

February: Violet or Pansy

March: Dandelion and Plantain

April: Nettle or Red Raspberry Leaf

May: Mullein and Comfrey

June: Rose and Lemon Balm

July: Lavender, Basil, Rosemary, Oregano, Thyme, Marjoram or any mint family plant

August: Echinacea and Yarrow

September: Goldenrod

October: Calendula and Borage

November: Sage

December: Rose Hips

These suggestions are roughly based on what is growing month by month in the Northern Hemisphere but you might need to shift things by a month one way or the other depending on where you live.

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